

B”H

## The Shovavim YES Initiative

Bochurim who would like to join the “YES” initiative and be part of the weekly raffles and the big event at the American Dream Mall, must try to follow the guidelines below for at least 50 days. The 50 days can be anytime during the period of *Shovavim* until *Rosh Chodesh Nissan* (100 days in total this year). That means the cut-off date for joining is the 9th of *Adar Alef* - Feb 18, 2024 (because after that there won't be 50 days left until *Rosh Chodesh Nissan*).

Sign up at [shovavim.org](http://shovavim.org). If you don't have access to the site, you can sign-up using [this Google Form](#) instead. [Click here](#) to download a 50-Day Chart for printing, to help you keep track of your success.

### GUIDELINES: 50 DAY CHALLENGE

*I commit bli neder to the following guidelines, for at least 50 days:*

1. To use only a kosher-phone, or at least to ensure that all my devices (phones, tablets, laptops, etc.) are filtered. **Suggestion:** Visit a local TAG office.
2. To consciously guard my eyes to the best of my ability throughout this period. I understand I won't be perfect, but I will put in real effort each day.
3. To read – and **try** to implement – the daily chizuk tip. (We will be sending the material via WhatsApp, Email and Text). If you missed previous days [click here](#) to read.
4. **Shmiras Habris.** *It gets easier the more we hold back!*
5. **Optional** (but strongly suggested for those who struggle a lot): [Sign up](#) for GYE membership to get access to all the tools and support that have helped tens of thousands of Jews of all ages.

*If there's a setback in the middle, the most important thing is to brush yourself off and get right back up on the horse! The 50 days clean should ideally be consecutive, but it's not me'akev, as long as it's 50 days within the 100 days of the period from the beginning of Shovavim until Rosh Chodesh Nissan.*